

2023 – 2024 Milton High School Cheerleading Tryout Packet

We the cheerleading coaches of Milton High School as well as the administration, faculty, and staff are happy that you have shown interest in participating in the cheerleading program. Please read all information in this packet very carefully.

In order to be eligible to try out for Milton High School cheerleading, you **MUST** complete the Cheerleading Application (<https://bit.ly/3Wpzoc1>) and complete all forms in DragonFly Max (www.dragonflymax.com) by **Monday, March 6th**. Current Milton students must also have 3 teacher recommendations submitted by **Monday, March 6th**.

There will be an informational meeting on **Monday, February 6th at 6:30 PM** in the Milton Auditorium for cheerleading candidates and parents to answer any questions regarding tryouts. If you are unable to attend and you have questions, please contact:

Natalie Stucky
Bridgitte Hatfield
Brent Paige
Lindsay Ferguson
Stacy Johnson
Tiffany Popwell

Varsity Football Sideline
Varsity/JV Basketball
Varsity Competition
Varsity Competition
JV Football Sideline
9th Football Sideline

Stucky@fultonschools.org
HatfieldB@fultonschools.org
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JohnsonS5@fultonschools.org
PopwellT@fultonschools.org

Tryout Dates

Date	Time	What?	Who?
March 8 th	by 4:00 PM	Post Material on Website	ALL Cheerleaders
March 14 th	4:00 to 6:30	Practice Jumps/Standing and Running Tumbling	Competition ONLY
March 15 th	4:00 to 6:00	Practice with Groups & Judge Tumbling	9 th and 10 th Sideline Cheerleaders
March 15 th	4:00 to 6:30	Judge Jumps and Standing Tumbling	11 th and 12 th Competition ONLY
March 16 th	4:00 to 6:00	Practice with Groups & Judge Tumbling	11 th and 12 th Sideline Cheerleaders
March 16 th	4:00 to 6:30	Judge Jumps and Standing Tumbling	9 th and 10 th Competition ONLY
March 17 th	4:00 to 6:30	Judge Running Tumbling & Stunts	Competition ONLY
March 20 th	4:00 until	Final Sideline Tryout	ALL Sideline Cheerleaders
March 21 st	4:00 PM	Sideline Squad Posted	ALL Sideline Cheerleaders
March 21 st - March 23 rd	4:00 to 6:30	Competition Tryouts	Competition ONLY
March 24 th	4:00 PM	Squads Posted	Competition ONLY
March 28 th	4:30	Comp Team Meeting	Competition ONLY
TBD		Comp Parent Meeting	Competition ONLY

Tuesday, March 21st by 4:00 PM – Sideline Teams Posted on MHS website (www.miltoncheer.com).

Tryouts are held in the Milton High School Cube. Each candidate must wear a **plain white tee shirt and navy or red shorts** for the final tryout on Monday, March 20th. Hair should be pulled back in a bow.

Athletes will be evaluated on several components. The judges are looking for candidates with the best possible skills, which includes tumbling, jumps, motions, dance, spirit, and attitude. For rising 10th – 12th graders, we will also consider teacher recommendations, discipline records and prior experience with athletes when making team decisions.

*****INJURIES:** If a candidate is injured and unable to perform a particular skill, no video tapes or letters from outside coaches will be permitted. This process may be amended at coach's discretion under EXTREME circumstances.

Results are **FINAL** and will be posted on the MHS Cheerleading Website after tryouts are completed and scores have been tabulated. **ALL RESULTS ARE FINAL!**

Statement of Eligibility for Milton High School Cheerleading

I certify that I meet the following requirements according to the "no pass, no play" rule.

1. I passed 5 out of 6 classes the previous semester.
2. I am on track for graduation.

I understand that I must maintain these grade standards if I am selected as a Milton High School cheerleader.

3. Additionally, I understand that I must be a current student at MHS or MHS feeder middle school (EPMS and NWMS) and districted for Milton High School in order to try out.
4. Athletes who are in private school are not eligible to tryout until they are officially enrolled at Milton High School.
5. Athletes who hardship, must have proof of hardship approval for the 2023-2024 school year.

Booster Club/Financial Obligations

The Cheering Section, the booster club, supports the football, competition, and basketball cheerleading squads. Each cheerleader will be expected to participate in mandatory fundraising activities, including the Milton Mini Cheer Camp. This year the camp is scheduled for the week of June 12th. Parents are also expected to volunteer for various jobs as requested by the Cheering Section and coaches.

Projected Costs for Sideline

- Participation Fee to the Cheering Section \$200
- Participation Fee to Milton High School \$50
- All Cheerleaders: \$450
 - Player Pack (practice attire, sports bra, shoes, water bottle, bows, poms)
- New Cheerleaders ONLY or cheerleaders needing new items/sizes:
 - Warm-ups \$75
 - Sleeves \$30
 - Backpack \$100
 - Bloomers \$60
- Sideline Team Building \$75

Projected Costs for Competition

- Participation Fee to the Booster Club \$200
- Participation Fee to Milton High School \$50
- Competition Choreography \$250
- Shoes \$85
- Practice Clothes \$150
- Backpack (New Athletes ONLY) \$100
- Bows (New Athletes ONLY) \$40
- Competition State Fees (if the team qualifies) TBD

Milton High School Cheerleading Constitution

All athletes are held to a higher standard. An athlete may be dismissed or suspended indefinitely until a meeting is held with the coach and athletic director. All Fulton County rules apply 365/24/7. This rule goes into effect once an athlete makes a team. Please familiarize yourself with the Fulton County Athletic Handbook on www.miltonhighschool.com under Extracurricular → Athletics.

Team Commitment:

Cheerleading is a major personal commitment of my non-academic time and cannot be placed secondary to other non-academic activities.

1. I am expected to participate in all practices, games, squad meetings, squad projects, pep rallies, minicamp, choreography, summer camp and other spirit activities as designated by the cheerleading coaches. Failure to participate in these activities can lead to sitting out games and indefinite suspension from the squad.
2. Due to the time commitment of this sport, I may not participate in another sport or club during my cheerleading season if there is a conflicting schedule.
3. Multiple absences from practices and/or games will result in indefinite suspension from the squad.

Attendance:

All cheerleaders must have a good attendance record. If you miss school for a half-day or more, then you may not be able to cheer at practice, a game, a pep rally, or any other function. Please schedule your appointments so that they do not conflict with your cheerleading schedule. When you are absent from school text or email your coach during the day.

School Behavior:

A cheerleader must maintain positive behavior in all classes and school activities. This means setting an example for others to follow. Any conduct which results to dishonor the athlete, the team, the school, or the community will not be tolerated. Behavioral expectations and prohibitions apply 365 days a year, 24 hours a day, in and out of the specific extracurricular season, and on or off school grounds (including social media). The following violations will not be tolerated and will be given appropriate punishment that will be determined by the coach:

- Use of tobacco
- Use of alcoholic beverages
- Use of illegal drugs
- Undesirable or immoral behavior
- Use of alcoholic beverages
- Violation of the honor code
- Public display of affection
- Bullying and hazing
- Inappropriate use of social media and/or group texts
- Any behavior considered inappropriate by a school representative
- Cheerleaders are to obey all Milton High School rules.
- Cheerleaders are to obey all GHSA rules in the handbook.

Cell Phones:

Cell phones may not be used during practices or games unless in the case of an emergency. If you have something that calls for immediate attention, please talk to your coach first. You may use your phone during half-time of games, but once the game resumes it must be put away.

Transportation:

Cheerleaders are required to ride the bus to and from functions.

Squad Expectations:

- Jewelry is not allowed at practice, games, or competitions.
- Keep your nails short (fingertip length). Nail polish must be neutral in color.
- No gum chewing in uniform or at practice.
- Hair must be pulled back for practice, games, and competitions.
- Talk over ALL potential problems with the coach.

- Do not talk about a cheerleader in a negative way.
- Cooperate with and respect each other.
- DO NOT argue in public as a squad.
- Do your share of the work.
- Always show good sportsmanship.
- Give 110% in all aspects of cheerleading.
- Be neat in appearance.
- Be proud of yourself, work hard, and strive to improve yourself and your squad.
- Remember that there are a lot of athletes that wish they were in your shoes.

Uniforms:

The uniforms are expensive and must be taken care of with respect for the next cheerleaders to wear them. You will be required at the end of the season to have your uniforms cleaned and returned in the condition they were issued. You will be responsible for replacing any uniform you misplace or damage. Under no circumstances is another student allowed to wear any part of your cheerleading uniform.

Injury:

The school and coach assume no responsibility for an accident or injury that might occur at school, during an event, or away from the school grounds.

Skills:

The following skills are required in order to make the squad:

- 9th and JV Football sideline:
 - Tumbling: preferred but not required
- Varsity Football sideline:
 - Tumbling: minimum of running and standing back handspring (tuck preferred)

****Skills should be maintained throughout the season.**

Consequences:

- Missed Practice: sit out one quarter of a game
- Missed Game: sit out half of a game
- Violations of expectations will be handled on a case-by-case basis. Severe violations will result in an indefinite suspension from the team.

Resignation from the Team:

If you resign from a squad, you and your parents must first contact the coach. If you resign from the team:

- You will be unable to participate in any other sports that have the same season (per GHSA).
- You will be unable to try out for any other sport until the cheerleading season has ended (per GHSA).
- You will be unable to try out for any cheerleading squad for the following school year.
- You will be unable to try out for the 2023 – 2024 Game Day Squad.
- These penalties will apply if you resign from a Football or Competition Team after August 1st.
- These penalties will apply if you resign from a Basketball Team after October 1st.
- If you resign from a team, you will not be eligible to receive any refund for clothes, shoes, or items that are ordered on your behalf.

Lettering:

- Lettering is not guaranteed to athletes who make a Varsity squad. In order to letter, athletes are expected to attend all practices, games and events.

Additional Competition Information

Performance Clause

- I am trying out for the MHS Competition Cheerleading Program. I understand that if I am selected as a member of the Cheerleading Program, I may be selected to participate on either the Varsity or Junior Varsity Team.
- Team selection is only based on skills. No preference will be given to athletes based on age, grade, or past team membership. Seniors will be considered for the Varsity Team only.
- As a member of the Competition Program, I need to continue to work on my skills in order to continue to be considered as a competing member on either team.
- I understand that my placement on either team is not permanent; at any time, I may be moved from one team to another.

Summer Participation

- I understand that I am expected to keep and improve my skills outside of the regular season.
- Although mandatory practices do not begin until August 1, I understand that my attendance at summer workouts/camp is important to my individual improvement and to the team.
- I understand that I must notify the coach if I will not be able to attend a summer workout.

Alternates

- I understand that if I am not selected as a performing member on either team, then I will be an alternate for the Competition Program.
- As an alternate I am expected to attend every practice and every competition.
- I am expected to actively practice and participate at all practices. This includes, but is not limited to: jumping, tumbling, stunting, stretching, etc.
- I understand that I am expected to know the routine and be prepared to compete as needed.
- I understand that I am expected to continue to work on my skills in order to be considered as a competing member on either team.

Important Competition Dates

- **Monday, March 28th:** Team selection meetings starting at 4:00 pm

	<u>Varsity</u>	<u>Start Date</u>	<u>Location</u>
Competition Summer Workouts	Tuesday, Wednesday, and Thursday 9:00 to 11:30 AM (Dead Week: May 29 th –June 4 th and July 3 rd –July 9 th)	June 6 th	AUX Gym and Cube
Mini Camp	June 12 th –16 th 8 AM – 12 PM Workouts will be 1:30 – 4	June 12 th	Main Gym
Competition Choreography **MANDATORY**	June 23 rd and 24 th	June 23 rd	AUX Gym and Cube
Fall Competition Practice	Monday: 4–6 PM Tuesday: 4–6 PM Wednesday: 6 – 7:40 AM Thursday: 3:30– 4:45 PM Friday: 3:30– 4:45 PM	August 1	AUX Gym and Cube

Important Dates

- **March 6th:** Tryout Forms Due
 - Tryout Application (<https://bit.ly/2KRGEyG>)
 - DragonFly Max (www.dragonflymax.com)
 - Teacher Recommendations
- **March 8th:** Tryout Material posted on website – www.miltoncheer.com.
- **March 13th – 23rd:** Competition Tryouts
 - It is imperative that you are there every day.
- **March 15th, 16th and 20th:** Sideline Tryouts
 - It is imperative that you are there every day.
- **March 21st:** Sideline Teams posted by 4:00 PM
- **March 24th:** Competition Team posted
- **March 28th:** Competition Team meeting 4:30
- **May 29th – June 4th:** GHSA Dead Week – Week of Rest
- **June 6th:** Competition summer workouts begin.
- **June 12th – 16th:** Minicamp from 8 AM to 12 PM
 - **ALL** cheerleaders are required to attend every day.
- **June 23rd and 24th:** Competition Choreography Camp – dates are MANDATORY!
- **July 3rd – July 9th:** GHSA Dead Week – Week of Rest
- **August 2nd:** Mandatory Practices Begin for Football Sideline
- **October 4th:** Mandatory Practices Begin for Basketball Sideline

Football and Basketball Practice Schedule

Football Squads (beginning August 2nd): Wednesday – 3:45 to 5:30

Basketball Squads (beginning in October 4th): Wednesday – 3:45 to 5:15

DragonFly Max Information

GET STARTED WITH DRAGONFLY



DragonFly makes sports and activities more organized with easy-to-use digital forms, health records and team communication tools.



PARENTS & STUDENTS

- 1 Download the DragonFly MAX app from the App Store or Google Play.
- 2 Tap 'Get Started' and 'Sign Up for Free' then follow the prompts to create your Parent account with your own email address.
Note: please do not create an account with your child's name or contact information – you will get the chance to add your child soon!
- 3 Verify your account with the verification ID sent to your email address.
- 4 Tap 'Connect to your school' to select 'Parent' as your role and search for your child's school. If you cannot find your school, try searching with the School Code at the bottom of this page. Milton School Code: TP43ST
- 5 After selecting your child's school, tap 'Join' to request access. An administrator at your school will approve your request.
- 6 Tap 'Set up your children' and follow the prompts to add your kid(s) and fill out their participation forms.



ATHLETIC DIRECTORS, COACHES & SCHOOL ADMINISTRATORS

- 1 Visit dragonflymax.com and click the 'Log In/Sign Up' button.
- 2 Click 'Sign Up for Free' to create your account with your school email address.
- 3 Verify your account with the verification ID sent to your email address.
- 4 Click the 'Get Started' button to select your role and search for your school. If you cannot find your school, try searching with the School Code at the bottom of this page. Milton School Code: TP43ST
- 5 After selecting your school, tap 'Join' to request access. You will see a list of administrators at your school who can approve your request. If you're the first person to request access to your school, a member of the DragonFly team will verify your role and approve your request.

PREFER TO DO THIS ON YOUR COMPUTER?

Visit dragonflymax.com and click 'Log In/Sign Up' to get started.

**Milton High School Cheerleading
Teacher Recommendation Form**

The following athlete is trying out for one or more Milton Cheerleading Squads.

Athlete's Name: _____

Grade: _____

Please rate the athlete on each of the categories below. Place an X in the appropriate column.

	Needs Help	Fair	Average	Good	Excellent
Attendance					
Punctuality					
Responsibility					
Dependability					
Collaboration					
Motivation					
Leadership					

Do you feel this athlete is a good representation of Milton High School? Circle one. YES NO

Please share any concerns: _____

Teacher Name: _____

Please do not give the form back to the athlete. You may place the form in Stacy Johnson's mailbox or bring to 5308. Thank you for taking the time to complete this form.

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